



# महर्षि पतंजलि योग प्रशिक्षण एवं अनुसंधान परिषद

Operated By Janta Welfare & Development Society(Regn No: F-21157)  
Naturopathy & Yoga Recognized by The Government of India & Other States - No. 301/3/80/15-June-1981

[www.patanjaliyogsansthan.com](http://www.patanjaliyogsansthan.com)

**Code:DYEd Duration 1 Years**

DYEd course will help to create Yoga Instructors as paramedical personal in hospitals, nursing homes under the guidance of doctors and Yoga Teacher & Trainer in educational Institution.

The objectives of the course are to bring all round personality development of the students at all levels and train them in yoga therapy field.. The duration of the course is 12 months. After the completion of the course the students can join the Hospitals, Spa, wellness centres and give yoga therapy for patients under the guidance of qualified doctor.

## **OBJECTIVE**

Promoting positive health, prevention of stress-related health problems and rehabilitation through Yoga.  
Adoption of Integral Approach of Yoga Therapy to common ailments.

Imparting skills in them to introduce Yoga for health to general public.

To enable them to establish Yoga Therapy centers in the service of common man.

## **TITLE & DURATION OF THE COURSE**

### **First Intake (1st January)**

Admission Intake	First PCP	Second PCP
January 1	1 to 7 January	9 to 15 January

### **Second Intake(1st July)**

Admission Intake	First PCP	Second PCP
July 1	1 to 7 July	9 to 15 July

## **ADMISSIONS AND ELIGIBILITY**

To be eligible for admission to the course, the candidates shall have passed Intermediate or 10+2.

The candidates shall have secured a minimum of 50% of marks.

Candidates belonging to Scheduled Castes, Scheduled Tribes shall be considered for admission if they have passed the qualifying examination obtaining not less than 40% of marks in aggregate.

## **ATTENDANCE REQUIREMENT**

Each semester is considered as a unit and the candidate has to put in a minimum attendance of 90% in each subject with a provision of condonation of 10% of the attendance by the competent authority on the specific recommendation of the Dean on valid reasons.

The basis for the calculation of the attendance shall be the period prescribed by the University by its calendar of events.

The students shall be informed about their attendance position periodically so that the students to be cautious to make up the shortage



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## **INTERNAL ASSESSMENT MARKS**

Theory or Practical of each subject shall have a maximum Internal Assessment Marks of 50.

The Internal Assessment marks in a theory subject shall be based on two assignments for 20 marks, two tests for 20 marks conducted normally at the end of 8 and 12 weeks of each term and faculty assessment of 10 marks. An additional test may be conducted for desirous students before the end of the term to give an opportunity to students to improve their internal assessment marks if necessary.

In the case of Practical and Field Training, the IA marks shall be based on the laboratory/field training reports and one practical test.

If a candidate fails to secure a minimum of 50% of the IA marks (25/50) in Theory, Practical and Field Training, such candidate shall not be eligible to take the concerned subjects in the University examination.

Such candidates as mentioned in 3.4, shall repeat the semester to secure marks prescribed.

There shall not be provision for improvement of IA marks in theory subjects and also in cases of Laboratory/Field Training where the candidate has already secured required marks.

## **Fees:**

Registration Fees (one-time): Rs 1500

Examination Fees (one-time): Rs 1500

Course Fees: Rs 2500 x 2 = 5000

Total for :Rs 8000

Materials: Study Materials

## **Course Syllabus**

No	Name of Subjects
1.	योग : परिचय एवं दर्शन
2.	योगासन एवं प्राणायाम
3.	योग एवं वैकल्पिक चिकित्सा
4.	अष्टांग योग
5.	योग प्रशिक्षण विधि
6.	योग : प्रयोगात्मक एवं मौखिक